

Japan Travel Packing Checklist

A printable checklist for documents, money, electronics, clothing, personal essentials, and seasonal packing.

Travel Documents & Money

- Passport
- Visa or entry documents, if required
- Flight and accommodation details
- Travel insurance information
- Japanese yen
- Credit/debit card
- Secure copies of important documents

Electronics

- Unlocked smartphone
- Phone charger
- Power bank
- Suitable power adapter
- eSIM, SIM, or pocket Wi-Fi arrangement
- Headphones

Clothing

- Comfortable walking shoes
- Light layers
- Weather-appropriate jacket or rainwear
- Sleepwear and underwear
- Socks
- Small day bag

Personal Essentials

- Toiletries
- Personal medicines
- Basic first-aid items
- Reusable water bottle
- Hand sanitizer
- Tissues

Packing Tips

- Pack light enough for train stations
- Keep passport, money, phone, and medication easy to reach
- Leave room for souvenirs
- Use packing cubes
- Check weather for every region
- Carry a small sightseeing bag

Seasonal Clothing

Spring

- Light layers and a jacket for cool mornings and evenings
- Comfortable walking shoes

Summer

- Light breathable clothing
- Sun protection and water bottle
- Compact umbrella or rainwear

Autumn

- Layers for changing temperatures
- Light jacket or sweater

Winter

- Warm layers and coat
- Cold-weather accessories
- Warm comfortable footwear

Final Check

- Passport packed
- Money and cards ready
- Phone and charger packed
- Internet plan arranged
- Accommodation confirmed
- Important reservations saved
- Weather checked
- Comfortable shoes packed

Travel information can change. Check current official sources before booking flights, accommodation, transport, or visa-related services.